



Blessed Beginnings Care Center, Inc  
2521 E Market St, Suite B  
Nappanee, IN 46550

Phone# (574) 773-7755

Blessed Beginnings Care Center is a birthing center that offers a unique alternative to women during childbirth. Blessed Beginnings provides a relaxed, homelike atmosphere for low-risk pregnancies. We offer whirlpool tubs, water births, and birthing rooms where women can labor, give birth, and recover all in the same room. Admittance to BBCC is only at the recommendation of your physician or midwife.

The nurses at BBCC are trained to help mother and baby before, during, and after birth. Once you have recovered, you will be able to take care of yourself and your baby with a minimum of interruptions from the nursing staff. Typically, there is only one nurse working each shift with a birthing assistant called in to help during births. The nurses will assist postpartum patients as they are able, but their primary responsibility is to the moms who are in labor, delivering, and recovering. You may have a family member stay with you to assist with your needs if you desire.

Blessed Beginnings operates on a very low budget, which is why we can charge you such a small amount for your birth. However due to rising cost of health care in general the board has decided to raise the price. Starting March 1<sup>st</sup> 2022 the total fee of **\$2400** at Blessed Beginnings pays for the **birth, postpartum stay** (up to 72 hours), **State required Newborn Screen, Hearing Screen and Pulse oximetry test**; also oral pain medications, peripads, under pads, and diapers. It does **not** include labs, other medications, food, etc. In the event that you do not deliver after being admitted to the Birthing Center and need to be transferred to the hospital, a lower fee will be collected from you to cover our cost.

When you decide to give birth at BBCC, you are agreeing to **pay your bill in full at the time of discharge**. Please start saving for your bill as soon as you know you are pregnant. We realize there are extenuating circumstances, at times, and will work with you if there is a problem. Please let us know in advance when possible.

There are phones in all rooms. You can receive calls on your room phone and make calls. You will **not** need a calling card to make long distance calls. Please give your friends and family the phone number along with your room number (once you know it) so that they can call you directly. A refrigerator is provided in each room. We have several food items for purchase in our kitchen. However, you will not have the added expense of food if you bring it along with you.

There is an entrance at the east end of our building for laboring patients who do not want to use the main door. This entrance is always locked. Please call ahead and let us know you want to use this door so we can unlock it for you. We also have a small barn to keep your horse in should you decide to travel to the center by buggy. We hope you have a pleasant stay at Blessed Beginnings Care Center! We will do our best to make sure that you feel comfortable and cared for. We offer our best wishes to you and your new baby!

*The Blessed Beginnings Care Staff*

# Birth Center (BBCC) Supply List

## Items for Birth to bring with you

- Your routine overnight items ( shampoo, toothbrush, and paste, soap, gowns, slippers)
- One outfit to take baby home in – clothes will be provided for the baby during the stay
- Orange Juice or other juice that you prefer, and light nutritious food to eat in labor, as well as foods, drinks and snacks for during and after birth
- Cream for sore/tender nipples ( olive oil or coconut oil may be used too), if you need some advice I have an amazing nipple salve at BBCC for you (\$7)
- Afterpain tincture if you like, you don't need to bring any ibuprofen or other medication with you
- At time Witch Hazel pads or numbing spray help with swelling or injuries after birth
- Car seat. Don't forget your husband